

## ELIGIBLE SCREENINGS LIST

# Health and wellness benefit

**Team members, their spouse/domestic partner, and children enrolled in Children's Mercy accident and critical illness insurance are eligible for a health and wellness payment.**

- There is a maximum of one health and wellness benefit payment per insured, per year.
- If you are enrolled for a combination of accident and critical illness insurance, you may be eligible to receive health and wellness benefit payments under both insurance plans.

### Benefits payment amounts

- \$75 for accident insurance
- \$75 for critical illness insurance

### Screening list for accident insurance and critical illness insurance

- annual physical exam
- mental health screening recommended and performed by a physician
- blood test to determine total cholesterol
- blood test to determine triglycerides
- bone marrow testing
- carotid Doppler
- clinical testicular exam
- digital rectal exam (DRE)
- doppler screening for peripheral vascular disease
- echocardiogram
- electrocardiogram (EKG)
- endoscopy
- eye exam
- fasting blood glucose test
- fasting plasma glucose test
- flexible sigmoidoscopy
- hearing exam
- hemoccult stool specimen
- hemoglobin A1C
- lipid panel
- pharmacologic stress testing
- serum cholesterol test to determine LDL and HDL levels
- serum protein electrophoresis
- stress test on bicycle or treadmill
- thermography
- two-hour post-load plasma glucose test
- ultrasounds

### Additional screenings for critical illness insurance

- biopsies for cancer
- blood chemistry panel
- BRCA1/BRCA2 genetic testing
- breast MRI
- breast ultrasound
- breast sonogram
- CA 15-3 breast cancer test
- CA 125 ovarian cancer test
- CEA colon cancer test
- chest x-ray
- colonoscopy
- dental exam
- DNA stool analysis
- doppler screening for cancer
- double-contrast barium enema
- electroencephalogram (EEG)
- herpes simplex virus (HSV) test
- human papillomavirus (HPV) test
- lung cancer CT
- mammogram
- non-diagnostic vascular screening
- nucleic acid test (NAT)
- oral cancer screening
- pandemic testing (excluding at home testing)
- pap smears or thin prep pap test
- prostate-specific antigen (PSA) test
- skin cancer biopsy
- skin exam
- successful completion of smoking cessation program
- tests for sexually transmitted infections (STI's)
- urinalysis
- vaccinations approved by the FDA
- virtual colonoscopy

Group accident and critical illness insurance. Limitations and exclusions apply. Each of these policies have exclusions, limitations, reduction of benefits, terms under which the policy may be continued in force or discontinued. This is a summary of plan provisions related to the insurance policy issued by Securian Life Insurance Company.

Insurance products are issued by Securian Life Insurance Company, a New York authorized insurer. The company is headquartered in St. Paul, MN. Securian Life is solely responsible for the financial obligations under the policies or contracts it issues. Product availability and features may vary by state. This product is offered under policy form series 23-32590.24 (accident insurance) and 23-32606.24 (critical illness insurance).

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**Securian Financial Group, Inc.**  
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F107859-11 DOFU 11-2024  
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